



The 24th Annual GRIP Harmony Walk

Help us End Hunger and Homelessness,
and help GRIP provide a safety net
and tools while we get there.

100 Fundraising Ideas

1. **House Party-** A sure-fire way to raise support – money, in-kind donations, volunteer help, etc. The Harmony Walk Staff will be happy to give you some tidbits for the party.
2. **Corporate matching Gift-** Ask your company to match the amount of pledges you receive from your fellow co-workers.
3. **Your own Personal Friend Matching Gift-** Ask a friend if they can investigate getting their company to match your pledges.
4. **Corporate Sponsorship-** Identify one or several large companies and contact them directly. They may be willing to sponsor you completely.
5. **Garage Sale-** Know all that stuff that's been hanging out in your garage...in your attic...in your basement? Gather it up and ask your friends to do the same. Put it in your front yard and sell, sell, sell! Put all the money raised toward your minimum pledge.
6. **Bake Sale-** Become Julia Child (and ask your friends to do the same) and host a bake sale. You can even have it in conjunction with your garage sale. It's a fact that people will buy more stuff on an empty stomach.



2008 Harmony Walk Team

7. **Extra Change in my Pocket Box-** Create these little boxes for your friends and family and have them place it on their dressers at the end of the day, they can drop spare change in the box.
8. **Start your own Extra Change Box-** Keep a jar near your door and put all your extra change in it everyday. It adds up. Or put it on your desk at work—others will join in.
9. **Office Fundraising Challenge-** Speak with everyone in your office and get them to challenge each other to raise the highest amount. Give the “winner” a prize. Maybe some movie passes? Gift certificate to dinner?
10. **Answering Machine Message-** This will alert everyone who calls you at home that you’re up to something special! Let them know you need their support.
11. **Return Address Labels-** Print return address labels for your outgoing mail. Print something like, “I’m walking 3 miles in 1 day—will you sponsor me?” You may want to include a pledge form and a self-addressed envelope to make it really easy for them.
12. **Internet Chat Rooms-** Post a message on an Internet chat room. You’d be amazed at how many people you don’t even know who will be willing to help you.
13. **Web Site Creation-** Create your own website about your journey. Send an email to everyone on your contact list and invite them to visit the website.
14. **Ask your local bartender to donate a portion of one day’s tips-** Same as the waiters and waitresses. Ask them to donate tips from one night. You can create a sign for the bartender to place on the bar stating that “All tips collected tonight will go directly to “Judy Walker” who’s walking to raise money to help hungry and homeless families.” If the patrons see the sign they may be willing to dip a little deeper in their pockets.
15. **Carry copies of fundraising letter-** Have one with you at all times and pass them along to people you meet. For example, if flying, pass the letter out to the flight crew. People really do want to support you!

16. **Ask local restaurants to place a money jar at the front of the restaurant-**Check with the restaurant manager. They may be willing to place the jar in a high traffic area so lots of patrons see it.
17. **Fundraising dinner at your favorite restaurant-** Ask your favorite restaurant to host a fundraising dinner for you. They supply the food and you supply the pledge forms.
18. **Happy hour party-** Invite all your friends (and their friends) and get them to sign your homemade Walker T-shirt. Charge \$10 per signature.
19. **Theme Party/ Dinner-** Hold a theme party for 10 (or more) of your friends. Donation: \$50 per person. Spend no more than \$20 per person on the food and you'll have \$300 (or more) in pledges by the end of the night.
20. **Movie ticket donation-** Ask your local movie house to donate several movie tickets. Sell them and put the money towards your pledges.
21. **Host a movie party at your house-** Pick up a new flick at your local movie store, make some popcorn, pick up some soda and invite your friends and family over for movie night. Of course have your pledge forms ready to go!
22. **Local theater to donate tickets to a performance-** Ask a local theater to donate a couple of tickets to one of their plays or musicals and auction them off.
23. **Birthday gift pledge-** This is a very simple way to raise money and it will be a lot easier for your friends and family to write you a check instead of spending hours trying to shop for you.
24. **Delegate-** Give 10 of your friends 10 pledge forms each and ask them to help raise money for you.
25. **Creative friends-** Find a local artist or ask a creative friend if he/she would donate a piece of art or some jewelry that you can auction off.
26. **House warming party-** Are you moving soon? If so, ask your friends to make a pledge instead of purchasing a gift for your new place.
27. **Color pledge forms-** These can be very eye catching. Send them in colored envelopes, too. These will stand out among friends' bills and stuff.
28. **Signing your correspondence-** Get in the habit of signing your emails by attaching a link to our web site www.gripcommunity.org You'll be surprised how many people will ask you about us and about how they can help.
29. **Business cards-** Print up some inexpensive business cards (you can even do it on your own computer). Have all the pertinent information on the card including your name, name of the event and your address. Hand these out to everyone you meet.

30. **Travel Agency-** Do you always make your travel plans through the same agency? Ask them to donate a travel voucher. You can auction it off at your parties.
31. **Doctor/ Therapist/Veterinarian/Insurance Agent-** Ask him/her to make a check out for you instead of the other way around.
32. **Dentist-** Hopefully you won't have to pull teeth to get him/her to help you out a little.
33. **Chiropractor-** They've cracked your back. Now ask them to crack open their checkbook and make a pledge.
34. **Yoga Instructor-** You've bent over backwards for them...now it's their turn to do the same for you!
35. **Radio Station-** Call your favorite station and ask them to make an announcement on the air. They might even interview you. Pledges can be sent directly to GRIP.
36. **Gym-** Ask your gym to place a Pledge Jar at the front desk! Leave a stack of pledge forms at the counter, too!
37. **Spinning/ Aerobics Class-** Have a stack of pledge forms with you and ask your spinning instructor to make an announcement in class.
38. **Hair Salon-** Ask your barber or hairdresser to donate \$2 from every haircut they complete over one weekend.
39. **Picnics-** National Holiday Picnics are great place to raise some pledges.
40. **Mow-a-thon-** Get your kids involved in the weekend activity. Check ahead of time with all your neighbors and ask them if you can mow their lawn for \$30.
41. **Neighbors-** Write to all your neighbors on your block (or in your building). Attach a letter stating what you're doing and ask them to make a donation.
42. **Free Rent-** Ask your landlord to donate one month's rent to the cause.
43. **Good Karma Tipping Jar-** Ask local businesses to put one of those jars near the register or on their front counter. Tape a picture of yourself on the jar and a short explanation of why you are raising money.
44. **Errand Boy/Girl-** Offer to be your friends' and coworkers' personal assistant for a day (or maybe a few hours) in exchange for a large donation.....Maybe \$100 or more.
45. **Garden Tour-** Check with the local historical society to see if they would sponsor a garden tour of one or several homes in your area. Promote the event in local newspapers.
46. **Meet the Press-** Does your company distribute a newsletter? Does your company have interoffice email? Take advantage of these! They are a perfect way to get the word out.

47. **Baby sitting-** Offer up your services and let your friends have a nice, quiet, night out of the house.
48. **Pet Sit-** Are your neighbors going away and don't want to leave "Spot" at the boarding facility? Offer your services and charge then what they would have to pay at the facility.
49. **House Sit-** Friends going out of town for a while? Maybe they need a warm body to stay in their place.
50. **Neighborhood Chores-** Are you Mr. or Mrs. Fix-it? A lot of your neighbors would probably rather pay you than someone else. Place signs around your neighborhood advertising your services (i.e. watering gardens, cleaning roof gutters, sweeping the driveway, fixing an easy plumbing problem, painting a room, etc.)
51. **Karaoke Night-** Who cares if you can't carry a tune. Spend Friday night at a karaoke bar and sing your guts out. Have the announcer tell the crowd that you're singing for pledges.
52. **Talented Friends-** Do you have little piano bar in your neighborhood and a talented piano-playing friend? Have the announcer tell the crowd you're singing for pledges.
53. **Ebay.com-** Remember the garage sale idea? How 'bout rounding up the goods from your friends and putting it all on Ebay.com to be auctioned off.
54. **Company Vacation Days-** Ask you boss or human resource human resources director if they can swap one of your vacation days for day's pay.
55. **Pledges for each mile of the walk-** Ask people to pledge an amount for each mile of the walk.
56. **Pet birthday party-** This may sound a little dorky, BUT, people love their pets. And they love other people's pets...even yours. Get the word out that if they were thinking about buying "Sparky" a new toy, maybe they should be thinking about writing a check to GRIP, instead.



One of the many families GRIP helps, with your help.

57. **Television show finale party-** Remember M*A*S*H? Remember when Ross married Rachel? Remember when Jerry, George, Elaine and Kramer ended up in jail? How about Niles and Daphne sped off in the RV in the "Frasier" finale one year? It'd be fun to gather a

- big group of friends to tune in to watch a big season or series finale. Of course, charge 'em at the door and put the \$\$ toward your pledges.
58. **Game night-** Get out those board games and start playing! Break into teams and let the fun begin.
 59. **Host a poker night-** Call your serious (or not so serious) card-playin' friends and invite them over for a poker night.
 60. **Bowling nights-** Plan a fun night of bowling at your local lanes. Ask the owner to donate the cost of bowling to your minimum pledge.
 61. **Used book sale-** Everyone has books that have been sitting on shelves or in the attic in boxes or in the basement collecting dust. Ask your friends, family and neighbors to donate whatever they've got and set up a weekend book sale in your front yard. Put up some signs so people will give you more money. In the words of Martha Stewart, "It's a good thing!"
 62. **Local stores-** Ask a local store manager what the hot selling item is these days and THEN ask then if they'd be willing to donate a % of the sales from that particular item to you.
 63. **Curse jar-** C'mon, everyone does it. Now they have to pay for it. Place a Curse Jar in your office, whenever someone says a bad word they have to open up their wallet, grab a dollar and put it in the jar.
 64. **Dress down day-** Ask your company to allow an official GRIP Harmony Walk Dress Down Day. For the privilege of dressing down, employees pledge \$10 toward the Harmony Walk.
 65. **Company Grants-** Find out if your company offers grants to employees who volunteer their time for charitable causes. If so, you can volunteer your time at the GRIP office and get paid grant money (pledges!) You may need a letter from us stating that you'll be volunteering in the office and we'd be happy to make that happen.
 66. **Church Bulletin-** Place an advertisement in your Church bulletin letting the congregation know what you're up to.
 67. **Is there a teacher in the house?** - Get your students to help you fundraise. Kids are incredibly creative and cute, too!
 68. **Other parents-** If your kids play in soccer leagues or any sports teams distribute your pledge forms to the other parents at the games.
 69. **Walk Along-** Ask a potential donor to walk along with you at the Harmony Walk. They may be more willing to donate once they fully understand what you've committed to do.
 70. **Remind them-** In case you didn't receive an answer the first time you asked...ask again. Your potential donor may need a little coaxing.
 71. **Inspirational Book Marks-** Create them and sell to friends and family.

72. **Universities and Colleges-** Contact your local schools and ask if you can put an advertisement in their school paper. Some of the organizations may even invite you to make a short presentation.
73. **Running stores-** Contact a couple of big sporting goods stores. Tell them what you're doing and ask them if they would like to sponsor you. You may even get some cool walking gear, too. Ask big and ye shall receive.
74. **Compute Screen Savers-** Create a Harmony Walk Screen Saver and send it to everyone in your company. A gentle reminder is a good reminder!
75. **Mechanic-** You've given 'em lots of money to work on your car. Now it's time for them to give a little back to you.
76. **Rock on!** - If you know any musicians, ask them to perform a benefit concert. Tell people to make their admission check out to GRIP.
77. **Share the Walk-** Tell your story. The more you talk about your upcoming adventure, the more people will want to share in that excitement with you (and pledge more).
78. **Children's Party-** Throw on a Barney outfit and get out there! The kids will be having fun as their parents are writing pledge checks to you.
79. **Wine and Cheese Party-** Host a party at a local restaurant and ask the owner to donate the wine and cheese.
80. **Temporary Tattoos-** Swap a temporary tattoo for a pledge.
81. **Do you have a favorite magazine?** - Call the editor and ask them to sponsor you on the Walk. If you've subscribed to a particular magazine for a long time they may be willing to give you something back.
82. **Fraternities and Sororities-** Contact the National Chapter of your college Fraternity or Sororities and ask them to make a donation.
83. **Alumni Organization-** Call your own college or university and ask them to place an ad in the alumni newsletter asking for donations.
84. **Ask for the right amount-** Take a good look at whom you're asking for donations and make sure you ask for the right amount. Don't ask for \$100 if you know they can pledge \$1,000.
85. **Beneficiaries-** Get to know them well. You'll be asked where the money is going and it will be very impressive to a potential donor if you're speaking eloquently about it.
86. **Make your own contribution-** Lead the way by making your pledge first.
87. **Be a Massage Therapist for a day-** For every contribution of \$100 offer a massage to the donor.

88. **Pizza Party-** Check out your local pizzeria. Most of them have great ways to help you fundraise.
89. **Clubs & Organizations-** Send a solicitation letter to your local Lions Club, Rotary Club, Kiwanis Club, etc. They are known for supporting individuals and services in their community.
90. **Raffle-** Everyone that contributes is entered into a raffle to win a special item such as a homemade quilt or Cardinal tickets.
91. **Contact your local paper and get an article-** Make sure that you put information about how people can contribute. And have a photo ready to go.
92. **Ask someone you don't know for money.**
93. **Send updates on your fundraising and a reminder on how to support your efforts.**
94. **Write to your local politicians-** You supported them don't you think they should support you.
95. **Send a letter or email asking for a donation from EVERYONE you know.**
96. **Don't get discouraged.**
97. **Start NOW!** - The earlier you begin fundraising the better off you will be. You'll be able to go way beyond your pledge minimum and then you can focus on your training.
98. **In Honor Of Party-** Throw a party (engagement, baby shower, birthday, anniversary, graduation) and ask your guests to make a donation to GRIP in honor of you and in lieu of gifts.
99. **Auction a vehicle that you do not want anymore-** Instead of donating your vehicle, auction it off online and donate the proceeds to GRIP.
100. **ASK! ASK! ASK! ASK! ASK! ASK!** - And ASK again.